



# Interactive learning day Cardiovascular system

**Target group: Nursing Students**

**Topic: Cardiovascular system**

**Learning outcome: Know how the heart works and be able to name the different parts**

A nursing student often needs to work with the circulatory system during their training. Therefore, it is crucial to understand its operation and be able to identify its various components.

This requirement holds true for all specializations. In maternity care, the maternity nurse must ensure the well-being of both the mother and the child. Similarly, in elderly care, understanding the circulatory system is essential due to the prevalence of various cardiovascular diseases. If the nurse lacks a clear understanding of the system's functioning and terminology, it can lead to communication ambiguities and result in precious time being wasted. In some cases, every second is of the essence.

Length: 1 day Lesson: 9:20-15:30 Educational equipment: 1 day online training day

Time	Contents	Tools
9.20-10.10	Orientation to the day - Cameras on & good morning - Presentation of the topic (theme, timetable and aim) till slide 9	Teams  First part of the Presentation of e-learning material. (Nearpod) till slide 9
10.10-10.30	- Coffee break	
10.30-12.10	- Presentation of the topic 9 till 21 - Working in breakoutrooms with the tasks	Teams Breakoutrooms teams
12:10-13:00	- Lunch break	
13.00-14.40	- Presentations of the results	Teams / Canva
14.40-14.50	- Tea break	
14.50-15.30	- Evaluation	Teams Padlet